# Investigation on Ethnomedicial Plants of Katarniaghat Wildlife Sanctuary

#### Abstract

A survey in Katarniaghat Wildlife Sanctuary has been done for documented ethnomedicianl plants. About 71 plants have reported in this manuscript which is used for various diseases. This manuscript is very useful for those who working with herbal plants.

Keywords: Katarniaghat Wildlife Sanctuary, ethanomedical, Aegle marmelos L., Allium cepa

# Introduction

India is a veritable emporium of medicinal and aromatic plants. It has been estimated that out of 15,000 higher plants occurring is India, 9,000 are commonly useful, of which 7,500 are medicinal, 3,900 are cultural y important, 525 are used for fiber, 400 are for fodder, 300 for pesticide and insecticide 300 for gum, resin and 100 for in cense and perfumes. In terms of the plant materials used for traditional medicine, it is estimated that local communities have used over 7,500 plants species. Indian flora has innumerable medicinal plants, which are collected from forest by the tribal villagers. Many of them are being exported to the developed countries. Since ancient times, humankind depended mainly on the plant kingdom to meet its need for medicine, fragrance and flavors. Indian subcontinent is blessed with most varied and diverse soiland climatic conditions, which are suitable for the growth of almost every plant species. Usage of plants in medicine had been a long practice by man from ancient times. This practice of using plants in medicine is still prevailing among not only the tribal but also others living in the rural areas.

Tribal in this area carried out the survey in remote villages of Katarniaghat Wildlife Sanctuary to identify the common and cultivated medicinal plants and their utilization. The entire area, totaling 40009.35 ha., is situated between 28°06' N & 28°24' N latitudes and 81°02'E & 81°19' longitude. The Sanctuary, together with the adjoining 15002.75 ha. of Reserve Forests, which serve as buffer, constitutes one ecological unit. It is one of the few remnants of the rich and diverse tarai ecosystems..

## Materials and Method

During the course of exploration and collection, 10 villages of Katarniaghat Wildlife range Were surveyed by conducting interviews with local traditional healers who prescribe their herbal Formulations and various ethnobotanical aspects i. e. utilization, domestication, conservation and phytoworship practices. The collected plants specimens were deposited in the P.G. department of Botany, Kisan P.G.College Bahraich. Botanical names are arranged alpha betically followed by local names, family, plant part used and medicinal uses are listed in table.



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S. No.	Botanical Name	Local Name	Family	Plant Parts	Medicinal uses
1	Acacia arabica Willd	Babul	Mimosaceae	All five Parts	Weakness
2	Acacia catechu Willd	Kattha	Mimosaceae	Leaves	Wounds, bleeding
3	Achyranthes aspera L.	Latzeera	Amaranthaceae	Leaves	Dysentry , fever, for easy delivery
4	Aegle marmelos L.	bel	Rutaceae	Stem, fruit	To keep evil spirit away
5	Allium cepa.	Pyaj	Liliaceae	Fruit	Sunstroke, blood purifier
6	Allium sativum Lam.	Lahsun	Liliaceae	Leaves,buds	Acidity
7	Argemone maxicana L.	Pili kateli	Papaveraceae	Juice	Wounds
8	Azadirachta indica	Neem	Meliaceae	Leaves,stem	Skin diseases, tooth problem
9	Bacopa monnieri Linn.	Brahmi	Scorphulariaceae	Whole plant	To cure cough, memory
10	Bauhinia purpurea Linn.	Kachnar	Caesalpianiaceae	Fruit	To cure lymph gland
11	Boerhavia diffusa L.	Ssandha	Nectaginarceae	Root	Short-sight nees, Peeliya
12	Brassica compestris L.	Sarson	Brasicaceae	Seed	Suffering from evil eyes
13	Calotropis gigantea L.	Madar	Asclepidaceae	Leaves	Easy Delivery
14	Calotropis procera (ait) r. br	Aak	Asclepidaceae	Latex	To reduse tootache
15	Cannabis sativa Linn.	Bhang	Cannabinaceae	Seeds	For cough
16	Catheranthes roseus (L.) G.Don	Sadhabahar	Apocynaceae	Leaves	Dysentry
17	Centella asiatica L. (Urb.)	Bramhi	Apiaceae	Stem,Leaves	Memory,Bronchitis,rhumati csum
18	Citrus limon ( chirstm)	Nimboo	Rutaceae	Fruit	Acidity, Sunstroke
19	Cleome viscosa L.	Bhera	Capparidaceae	Leaf	Dyspepsia , jaundice
20	Crotaleria burhia ( Buch)	Bhuisan	Fabaceae	Leaves juice	Remove & kidney- stones
21	Coriandrum stivum L.	Dhania	Apiaceae	Fruit, Leaves	Diarrhoea, Dypepsia
22	Coccinia grandis (L.)	Tonglia	Cucurbitaceae	Leaves	To reduce acidity, To cure piles
23	Coccinia grandis (L.)	Vasan	Menispermaceae	Leaves	Jaundice
24	Cuscuta reflexa Lam	Amerbel	Cuscutaceae	Stem	To remove dandruff
25	Cynodan dactylon (L.)	Dood	Poaceae	Leaves	Blood clotting
26	Datura metal L.	Kaladatura	Solanceae	seeds	Abortion
27	Emblica officianalis Gaertn	Ambla	Euphorbiaceae	Fruit	Short- sight nees
28	Erythrina variegata L.	Pangara	Papil ionaceas	Stem, Leaf	Fever, To relieve paint of joints
29	Ficus benghalensis L.	Barged	Moraceae	Leaf, Latex	Rheumatism,Lumbago
30	Ficus glometra Roxb.	Gular	Moraceae	Fruit, Bark	Diabetes, Dyspepsia
31	Ficus religiosa	Papil	Moraceae	Fruit, Leaves	Male & Female fertility,wounds
32	Holoptela integrifolia	Chilbil	Ulmaceae	Bark	Hydroceae
33	Indigofera linneae Ali	Leel	Papil ionaceae	Roots	To cure mouth ulcer
34	Jatropha curcus L.	Ratanjyot	Euphorbiaceae	Fruit, Seed	Dysentry
35	Jatropha gossyfolia L.	Chandrijyot	Euphorbiaceae	Whole plant	Piles, Burn
36	Launaea procumbens Roxb.	Bangobhi	Asteraceae	Leaf	Fever
37 38	Lawsonia inermis L. Linum usitatissimum L.	Mehandi Alsi	Lythraceae Lynaceae	Leaf Flower, Oil	Boils and Burns, Scabies Heart diseaeses Skin deseases,
39	Luffa cylendriea L.	Ghia	Cucurbitaceae	Leaf	Bodysweling
40	Mangifera idica Linn.	Aam	Anacardiaceae	Bark, Seed	Cough, Diarrhea
40	Melia azedarach L.	Bakin	Meliaceae	Leaf	Anthelmintic, Piles
42	Morus alba L.	Shahtoot	Moraceae	Leaf	Dysentry
43	Musa paradisica L.	Kela	Mosaceae	Fruit	Dysentry
44	Nyctanthes arbortistis	Harsinghar	Oleaceae	Leaf	Fever
45	Ocimum basilicum L.	Buntulsi	Lamiaceae	Stem	Respiratory problem
46	Ocimum sanclum L.	Tulsi	Labiatae	Leave	Cough, Cold
47	Parthenium Hysterospors L.	Gajarghass	Piperaceae	Flower, Leaf	Cold,cuts and Wounds
48	Piper nigrum L.	Kalimirch	Piperaceae	Fruit	Jaundice
49	Psidium guajava L.	Amrood	Myrtaceae	Fruit	Jaundice, Acidity, Diabets
50	Prospis julifera	Vikayti babool	Memosaceae	Bark	Leurrhoea
51	Raphanus sativus L.	Mooli	Brassicaceae	Root, Leaf	Acidity
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52	Raphanus sativus L.	Mooli	Brassicaceae	Root, Leaf	Acidity				
53	Ricinus communis L.	Arandi	Eophraceae	Oil	Pneummon ia Body Pain				
54	Rosa centifolica	Gulab	Rosaceae	Flower	Eye infection, Synphiles				
55	Saraca asoca (Rosb.)	Ashok	Caesalpiniaceae	Bark	Leucorrhoea, Anthelminthic				
					, Piles				
56	Sida cordifolia L.	Khaente	Malvaceae	Leaf, Root	Dysentry				
57	Solanum indicum	Badi Kateri	Solanaceae	Leaf, Root	Bronchitis, Leprosy				
58	Sonchus asper (L.) Hil	Gubbi	Compositae	Leaf	cuts & Wounds				
59	Syzigium cumini skeel	Jamun	Myrataceae	Fruit	Diabetes				
60	Syzigium hyneanum skeels	Kat-jamun	Myrataceae	Bark	Sunstroke				
61	Tephrosia purpurea Linn.	sharfunka	Fabaceae	leaves, Juice	Diarrhea, Amoebic				
62	Terminalia arjuna Roxb.	Arjun	Combretaceae	Bark	Heart diseases				
63	Tinospora cordifolia (Wild)	Gurch	Menispernaceae	Root	jaundice, Snakebite				
64	Tribulus Terrestisis L.	Chota-gokhuru	Zygophylaceae	Root, Fruit	Male weakness				
65	Tridex Procumbens (L.)	Ekdandi	Asteraceae	Leaf	cuts & Wounds				
66	Vitex negundo L.	Nirgudi	Verbenaceae	Root	Swellings				
67	Withania somnifera Dunakl	Aswagandha	Solanaceae	Root	Sex diseases				
68	Xanthium strumarium L.	Kuthuru	Asteraceae	Leaf, Seeds	Malaria, Chronic				
					conjunctivitis &				
					Inflammation ofeye				
69	Zizyphus mauritiana Lamk	Ber	Rhamnaceae	Leaf	Sty of eye				
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#### Results and Discussion

Plant species belonging to 62 genera and 69 species of families are being used by most of the local people for the treatment of common diseases. The dose is prepared by using juice, leaf, bark extracts and other parts of the plant. From earlier time's people made use of plants for their basic needs Medicare and livelihood. Some plants used byPeople are cultivated while others grow in wild conditions. The depends predominantly on plants tribal for food, clothing, medicine, oil, agricultural implements, art and crafts huts and for other requirements. Plant species were also used to prevent abortion, achieve easy delivery, eye, gastric and respiratory problems, fever, antidote for Snake and scorpion bites, sunstroke, arthritis, hydroceal, toothache, cough, dysentry, jaundice and sexual power.

### Conclusion

Majority of plant species belong to families Mimosaceae, Liliaceae, Papaveraceae, brassicaceae, Apocynaceae, Poaceae, Asteraceae, Euphorbiaceae, Papilionaceae and Myrtaceae. Among these 66 plant species belong to Dicot and 03 to Monocots. Out of which 43.66% are tree, 22.54% shrubs, 29.58% herbs and 2.47% creepers. The percentage of plant parts used is as fol ows-Fruit=22.54%, Leaves=45.075%, Bark=11.27%, Root=12.68%, Seed=8.45%, Stem=8.45%, Whole plant=4.23%, Flowers=4.23%, Bud=1.41%,juice=5.63%, latex=2.82%,Oil=2.82%.The percentage study adds to the earlier knowledge regarding useof plants in the treatment of common diseases.

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